FUNCTIONAL ASSESSMENT & REMEDIATION OF TETHERED ORAL TISSUES

Tethered Oral Tissue(s) or TOTs is a topic that has been more frequently discussed in the fields of lactation, speech pathology, oral surgery, orofacial myology and otolaryngology. Organizations such as the International Association of Orofacial Myology (IAOM) and the Academy of Orofacial Myofunctional Therapy (AOMT) have been highlighting this diagnosis and implications for therapy and surgery. There are three forms of TOTs: buccal, labial and lingual. Lingual TOTs is most commonly known as "tongue-tie" or "ankyloglossia". The Mayo clinic in 2016 indicated that tongue-tie can affect the way a child eats, speaks and swallows, and can interfere with breast-feeding.

One of the driving factors in the increased interest in TOTs stems from current research linking sleep apnea to a short lingual frenulum, in addition to the increase awareness of the importance of breast feeding. With this topic comes some controversy, and speech pathologists are often left confused in their own role of diagnosing and treating TOTs.

This course explores the functional assessment of TOTs and reviews current well-respected assessment tools which describe structure. With these tools, Lori and Robyn have developed the Merkel-Walsh & Overland TOTs Protocol which looks at structure, oral motor function, pre-feeding, feeding and speech. Participants will learn to use this tool to identify the possible need for a TOTs referral, and the functional impact this diagnosis may have on feeding and speech. Their unique style of "task analysis" is a practical strategy for assessment that is immediately carried over into developing a treatment program for neuro-muscular re-education. Participants will learn through the concept of task analysis the specific ways in which TOTs impacts the oral motor and oral placement skills for breast, bottle, cup, straw and solid feedings in addition to speech sound production. Videos and live practicums with attendee participation will provide therapeutic intervention tasks that participants can implement with their clients immediately. The importance of pre and post-surgical therapy will be discussed, and surgical techniques will be explored so that therapists may be have a better understanding of the current research across disciplines on an international level.

COURSE OBJECTIVES

Participants will be able to:

- list three forms of TOTs.
- identify at least 3-5 functional impacts of TOTs on feeding skills.
- list at least 3 speech sounds that may be affected by TOTS.
- list at least 2 professionals that should be consulted if TOTs is suspected after a functional assessment.

8:30AM-12:00PM

- What is TOTs?
- Structural Assessment
- Theoretical Foundation
- Merkel-Walsh and Overland TOTs Protocol Case History, Structurce (Hard and Soft Tissue), Breast, Bottle, Spoon, Solids, Cup, Straw, Speech

1:00PM-4:00PM

- Pre-Op Goals, Surgical Procedures and Post-Op Considerations
- Neuromuscular re-education of: Breast, Bottle, Spoon, Solids, Cup, Straw, Speech (bilabials, alveolars, palatals, labiodentals)
- Wrap-up/Q&A

WHO SHOULD ATTEND

Professionals who work with individuals with feeding disorders and challenges.

DATE / TIME

13 May 2019 8.30am—4pm

REGISTRATION FEES

Normal	S\$650
Early Bird	S\$480*

* Register **before 11 Feb 2019** to enjoy early bird discount

Registration fee includes only workshop notes, practicum materials, lunch and a tea break. <u>No books</u> will be included in the registration fees.

REFUND POLICY

Strictly no refund within 60 days from workshop date once you have registered but substitutes will be allowed.

VENUE

MANILA, PHILIPPINES

(Exact workshop venue will be advised later upon confirmation)

@ Subject to last minute changes without prior notice

Registration Form

Please **email** your details only to Therapy Resources. Upon receipt, we will advise you accordingly on the payment details.

Kindly note our early bird discount ends <u>11 Feb 2019</u>. Send in early to avoid disappointment.

Name :	
Address :	
Contact (Office) : _	
Contact (Mobile) :	
Email:	

For more info, please contact : Jessie @ 65 96621360

Or email info@therapy-resources.com

Workshop Organised By

Therapy Resources LLP Singapore Distributor of TalkTools products www.therapy-resources.com info@therapy-resources.com

About Speaker



Lori Overland is a speech and language pathologist with more than 35 years of professional experience. Lori specializes in dealing with the unique needs of infants, toddlers, pre-schoolers and school-aged children with oral sensory-motor, feeding and oral placement/speech disorders.

She has received an award from the Connecticut Down Syndrome Association for her work within this population. Lori consults with children from all over the world, providing evaluations, re-evaluations, program plans and week-long therapy programs. Lori also provides consults to local school districts and Birth-to-Three organizations.

Her goal in addressing feeding and speech challenges is to improve the quality of life for both the children she serves and their families. In addition to her private practice, Lori is a member of the TalkTools® speakers bureau. Lori has lectured on sensory-motor feeding disorders across the United States and internationally. Her classes, "Feeding Therapy: A Sensory-Motor Approach" and "Developing Oral-Motor Feeding Skills in the Down Syndrome Population" are approved for ASHA and AOTA CEUs.

Lori is the co-author of the book "A Sensory Motor Approach to Feeding". She holds degrees from Horfstra University and Adelphi University and has her neurodevelopmental certification.

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13 May 2019 Mon 8.30am – 4pm



LORI OVERLAND M.S., CCC/SLP, C/NDT

